

Everything begins with the perfect match.

Self-managed plans are all about providing Members with the tools and opportunity to manage key aspects of their own care. Self-managed members or their Authorised Representatives are capable of safely taking control of the day-to-day management of their home care.

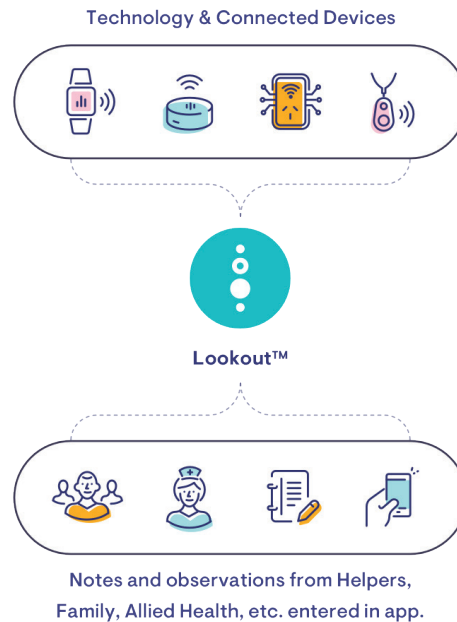
- Coordinating the roster and visit schedule directly with matched Helpers.
- Selecting available Helpers via the Five Good Friends app.
- Managing the finances on their account utilising our statement feature.

Self-managed Members with Five Good Friends still enjoy the benefits of our remote care monitoring with observations continually monitored by our team. We will ensure that alerts raised by these tools are shared with Members and their Authorised Representatives alongside recommendations for how to respond.

Our clinical nursing team will work with self-managed Members to ensure they are set up with a help plan and budget at sign-up that is regularly reviewed to ensure quality and affordable delivery of services.

Technology makes us more human.

Five Good Friends is the only home care business in Australia with a dedicated software team building technology to enhance our Member's lives directly. We've developed an app that offers more control that's simple and transparent. You can see your care schedule, who's visiting the home, and view weekly statements at any time via the app.



Every visit concludes with your Helpers leaving a note in the app about the visit. These notes are analysed by our remote care monitoring technology, Lookout™. It works by alerting Care teams and families when things don't seem right.



Membership options.

Self-Managed -
Home Care Packages.



Call 1300 787 581

www.fivegoodfriends.com.au

Our pricing

	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4
Care management The amount charged to your package to manage the design, care and co-ordination of your care.	\$9 per week	\$19 per week	\$39 per week	\$59 per week
Package management The amount charged to administer your package funds.	\$22 per week	\$41 per week	\$95 per week	\$139 per week
Lookout™ remote care intelligence Lookout™ analyses and alerts us to changes in your health and wellbeing.	✓	✓	✓	✓
	Only with Five Good Friends. Included with care management.			
Basic daily fee	\$0	\$0	\$0	\$0
Exit fee	\$0	\$0	\$0	\$0
Total fees	19% of package	20% of package	20% of package	20% of package
You'll get Based on a standard hourly rate of \$42.90 per hour, this is how much care you can receive each week. Exact hours may vary based on services type, rates and any changes to government subsidy.	3 hours / week 81% of your package for services.	6 hours / week 80% of your package for services.	12 hours / week 80% of your package for services.	19 hours / week 80% of your package for services.

Did you have questions about self-managed care at Five Good Friends?

Call us on 1300 787 581 to talk to a care advisor.

Helper rates

Recommended hourly rate

The recommended rate our Helpers charge for their services per hour.

\$42.90

*Rates may vary depending on individual circumstances.

Other fees

- There are a number of other fees that may be charged to government packages by providers:
- Basic daily fees** - The Government allows providers to ask for an additional contribution from their members to go towards their Home Care Package.
**Five Good Friends do not charge this fee.*
 - Income-tested fee** - This fee is determined by Centrelink based on your individual income. People with incomes above certain thresholds will be asked to contribute extra which Five Good Friends must collect.
 - Transport** - If transport is required, Helpers may charge that at 78c per kilometre.